



EYMTBOC, EJMTBOC & EMTBOC Team Leaders Meeting - Long Distance

02/08/2016



Thursday 3rd August – Long Distance (Cercotte)



03/08/2017	Long Distance
08:30-16:00	Opening hours of the EO at the Long distance arena
09:00	Start of Long distance course (EYMTBOC, EJMTBOC, WMMTBOC)
11:00	Start quarantine activated (EMTBOC)
11:00	Start of Long distance course (EMTBOC)
11:00	Time limit to leave repair tools or equipment's in the Technical area in the arena.
11:45	Last entry to Start quarantine (EMTBOC EYMTBOC, EJMTBOC, WMMTBOC)
11:50	End of finish quarantine (EYMTBOC, EJMTBOC, WMMTBOC)
12:00	Deadline for names/start group allocation for Sprint Relay competition at the EO at the Long distance arena
16:00	Flower ceremony at finish area of Long distance
16:00-18:15	Opening hours of the EO at the EC
17:30	Team Leaders Meeting
18:30	Prize giving ceremony (WMMTBOC, EYMTBOC, EJMTBOC, EMTBOC) for Long distance at EC



Travel & Logistic



Distance from Event Center to arena	Car park coordinates	Distance from car park to arena	Motorhome park coordinates	Distance from motorhome park to arena
10km	47°59'14.6"N 1°53'37.8"E	0m	47°59'10.3"N 1°53'06.2"E	800m

Distance from arena to Start Quarantine	quarantine coordinates
4.2 km	47°57'34.0'' N, 1°53'36.5'' E



Quarantine



❖ Quarantine times (+Anti-Doping Quarantine)

- ❖ 09:05 Finish Quarantine activated (EYMTBOC, EJMTBOC, WMMTBOC)
- ❖ 11:00 Start Quarantine activated (EMTBOC and remain athletes not started)
- ❖ It is mandatory to be in start quarantine until 11:45
- ❖ 11:45 Last entry to Start Quarantine EMTBOC and remain athletes not started)
- ❖ 11:50 Finish Quarantine ended (EYMTBOC, EJMTBOC, WMMTBOC)
- ❖ 11:45: Anti-Doping quarantine activated for Elite Athletes that will be submitted to

❖ Competitors' clothes and other personal belongings will be transported by the organiser from the start quarantine to the finish arena. Please put the label provided by the organizer on your bag at the start quarantine.



Map collection and Start Times



MAPS

- ❖ Maps will not be collected
- ❖ For fairness reasons don't reveal anything important from the courses or the terrain to the other competitors in the open and unofficial races.

STARTING TIMES

- ❖ M21 – 11h00
- ❖ W21 – 12h21
- ❖ M20 – 10h02
- ❖ W20 – 10h46
- ❖ M17 – 09h02
- ❖ W17 – 09h01



Map of Arena 1/2



- 1 Entrance
- 2 Event Office
- 3 Catering
- 4 1st Aid
- 5 Start Quarantine
- 6 Spectator control
- 7 Download SI
- 8 Screen (GPS tracking)
- 9 Parking
- 10 Toilets
- 11 MTBO washing
- 12 Anti-doping
- 13 Finish quarantine



4 Toilets confirmed!

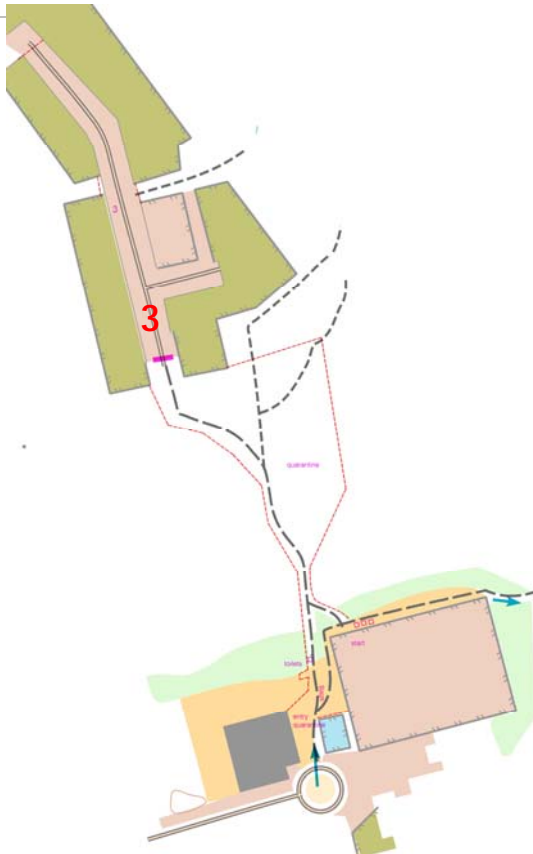
There will be an area for spectators 8

In the Corridor of the spectator point will be allowed to leave bottles of water and repair tools , two areas will be created for the effect

Time limit to leave things is 11h00
(50 to 75% of the course)
no external assistance allow



Map of Arena 2/2



4 Toilets confirmed!

Warm up will be done on area 3

Start Flag 70 meters after start



Course Detail 1/2



- ❖ Start procedures: SI-clear is found outside start boxes. There are 5 start boxes, which you enter 5 minutes before time start:
 - ❖ In box 1 your Bib will be control, as well the SIAC battery & GPS check for elites
 - ❖ In box 2 you should clear your SI card
 - ❖ In box 3 your SI-number is confirmed and you have the SI-check.
 - ❖ In box 4 we made a test to the SI cards.
 - ❖ In box 5 you pick up your map (it is your responsibility to pick up the correct map).
 - ❖ **The bike must be stationary and competitors shall keep at least one foot on the ground until the start signal.** (Rule 22.16)
 - ❖ After your time start you have to follow a mandatory route to the start point which is marked by a flag in the terrain.
- ❖ Finish procedures: Finish SI Air+ stations will be on the finish line.



Course Detail 2/2



❖ GPS Tracking

- ❖ 90 elite athletes (all Women and the last 50 Men to depart) will carry the GPS device.
- ❖ All the Elite athletes, that will be riding with a GPS, need to get their equipment before departing, they will be available 30 minutes before the departing – PLEASE ENSURE ALL ELITE's ATHLETES WILL TAKE THE GPS.



Distances & Maps



❖ Distance tables and climb per categories:

Classes	Distance	Climb	Controls	Winning times	Refreshment
M21	41,4	55	21	105'-115'	3 (Forest + Spectator control + finish)
W21	38,1	45	20	105'-115'	
M20	33,8	50	18	88'-92'	
W20	29,1	35	16	88'-92'	
M17	31,4	25	17	84'-88'	
W17	25,7	25	15	84'-88'	

❖ Maps:

Map scale: 1:15.000

Contours: 2.5 meters

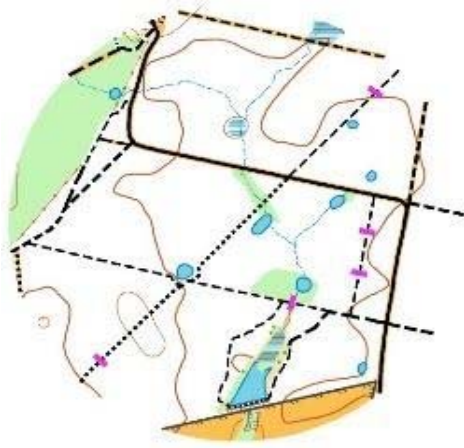
Map size: 32 x 42 cm

Paper type: Waterproof

Map Change (2 maps received at start)



Terrain description

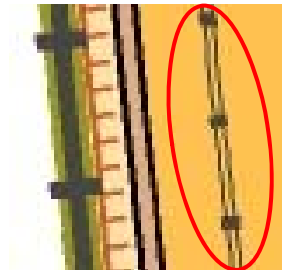


- ❖ Long Distance will be taking place in a national forest of Orléans with its characteristic terrain: grid of forest roads with fast riding and paths (some of them single tracks) of slow riding. It is a flat terrain.
- ❖ It is forbidden to ride off the roads or paths.
- ❖ It is allowed to ride on the orange that represents area open for riding.

Warnings 1/2



- ❖ Please, respect pedestrians (runners, mountain and road cyclers, footers, etc.).
- ❖ On some passages there will be marshals.
- ❖ The use of telecommunication devices (mobile phones, tablets, etc.) inside the quarantines zones is not allowed.
- ❖ Prize giving ceremony starts at 18:30 (in the EC).
- ❖ There are prizes for the 6 best placed women and men in EYMTBOC, EJMTBOC and EMTBOC.
- ❖ In the terrain, frontier of the map, there is an elevated train line, not in operation



Warnings 2/2



❖ Entry in the spectator corridor and last control

The entry for the arena is the same for access both points

There could be the possibility of one athlete to cross in front of another

Recommendation to inform all athletes to respect who comes from the right side giving them priority!



Start groups - Red and Orange:



According to the world ranking of 20/07/2017 the:

❖ **RED** start group is:

Men	Women
Anton FOLIFOROV - RUS WC/EC	Emily BENHAM - GBR WC/EC
Krystof BOGAR - CZE	Gaelle BARLET - FRA
Ruslan GRITSAN - RUS	Martina TICHOVSKA - CZE
Luca DALLAVALLE - ITA	Marika HARA - FIN
Lauri MALSROOS - EST	Olga SHIPILOVAVINOGRADOVA - RUS
Baptiste FUCHS - FRA	Svetlana POVERINA - RUS
Vojtech LUDVIK - CZE	Ingrid STENGARD - FIN
Grigory MEDVEDEV - RUS	Camilla SOEGAARD - DEN
Pekka NIEMI - FIN	Antonia HAGA - FIN
Cedric BEILL - FRA	Maja ROTHWEILER - SUI

❖ **ORANGE** start group is:

Men	Women
Jussi LAURILA - FIN	Ursina JAEGGI - SUI
Vojtech STRANSKY - CZE	Algirda ZALIAUSKAITE - LTU
Valeriy GLUHOV - RUS	Marie BREZINOVA - CZE
Jiri HRADIL - CZE	Karolina Mickeviciute JUODISIENE - LTU
Simon BRAENDLI - SUI	Marina REINER - AUT
Kevin HASELSBERGER - AUT	Katerina NOVAKOVA - CZE
Jonas MAISELIS - LTU	Anke DANNOWSKI - GER
Andreas WALDMANN - AUT	Caecilie CHRISTOFFERSEN - DEN
Rasmus SOEGAARD - DEN	Veronika KUBINOVA - CZE
Marcus JANSSON - SWE	Gabriele ANDRASIUNIENE - LTU

Athletes Best Behaviors – Open discussion



When an athlete make fall a control what will be the best behavior?



Rules

- ❖ 19.1 The control point shown on the map shall be clearly marked on the ground and be equipped to enable the competitors to prove their passage.
- ❖ 26.14: The organizer must void a race if circumstances have arisen which make the race significantly unfair.





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THANK YOU AND GOOD LUCK

